

SOLS Geobionomic Mat User Guide

Congratulations on your new Geobionomic Mat. You are on your way to a safer work and living environment. Please take a few minutes to read all of the directions contained with your Geobionomic Mat to ensure the most effective usage of the technology. SOLS has developed and engineered this revolutionary technology to help decrease artificial voltages and currents in the human body transmitted to it from the environment. The SOLS Geobionomic Mat helps to neutralize human body or electrical voltage, wherever you want, by simply contacting the material. This certified material has been shown to reduce these levels by over 90%! This means your body is grounded, under less stress and has the possibility for greater health and productivity. To read more the benefits of the SOLS Geobionomic Mats and its benefits visit www.SOLSociety.swiss.

Before You Start - Be Aware

Always use the Geobionomic Mat as directed Aand only with SOLS certified plugs and cables. Your Earth Bonding Point plug is specifically designed for the outlets for specific countries (multiple countries available from www.SOLSociety.swiss). If you use an adapter for your country be sure that it has a proper grounding extension.

Only use a properly functioning grounded wall outlet. In most homes and buildings there is a proper ground connection in the wall outlet, however it is recommended to test the outlet for proper ground. In some cases, do to wiring errors or other issues, there is not a proper ground available. In order to test this simply use a Ground or Socket Tester available. The key available with your tester will let you know if the ground is correct of if there is an issue. Issues may include: missing earth, live earth reverse, live neutral reverse or missing neutral. If one of these occur contact an electrician to remedy this situation with your electrical wiring as it may be a major issue with your home or building.

If your wall outlet, adapter or extension cord, does not have a ground plug do not use the SOLS Geobionomic Mat.

For Electrostatic discharge (ESD) protection be sure to use an approved ESD plug and cable. The SOLS Geobionomic Mat with standard Bionomic plug and cable do not offer ESD specific protection.

For your safety and those around you, be sure to avoid creating a tangling or tripping hazard with the cord.

Set-up your Geobionomic Mat in under 30 seconds!

- 1. LOCATION FOR MAT** - Choose a location for your Geobionomic Mat in your work or study place. The mat should be placed flat on the table.
- 2. PLUG** – Plug your SOLS Earth Bonding point into a grounded wall outlet. The plug does not use any power, and only makes use of the ground portion of the plug.
- 3. CABLE** – Snap one end of the cable to the SOLS Geobionomic Mat and the other end to the SOLS Bionomic Earth Bonding Point.
- 4. CONTACT** – Be sure to make direct skin contact with some portion of the SOLS Geobionomic Mat for maximum benefits.

Cleaning the SOLS Geobionomic Mat is easy. Simply use a slightly damp cloth or towel and wipe it down. Due to the printing on the mat, it is not suggested to use any strong soaps or bleaches as it will degrade the printed image. It will additionally wear down the conductivity of the fabric. It is additionally suggested to avoid applying any creams, oils or lotions to your hands before directly contacting the mat as these too will be destructive to the mat over time and decrease its conductivity and effectiveness.

If you have additional questions, please see the Frequently Asked Questions (FAQ) for the SOLS Geobionomic Mats at www.SOLSociety.swiss.